

Sonoran University Program of Study - 5 Year Track

Students Entering Fall 2022-2023 / Spring 2022-2023

Graduating Spring 2026-2027 / Fall 2027-2028

Program of Study - Year One

Quarter 1		Fall 2022-2023/Spring 2022-2023			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ANAT 5014	Regional Anatomy, Embryology and Histology I			55.0			55.00	5.0	
ANAT 5014/L	Regional Anatomy, Embryology and Histology I Lab		33.0				33.00	3.0	
PHYS 5014	Human Physiology and Endocrinology I			44.0			44.00	4.0	
PHYS 5014/L	Human Physiology and Endocrinology I Lab		11.0				11.00	1.0	
ICSA 5014	Integrated Case Studies Application I			11.0			11.00	1.0	
NTMD 5010	Philosophical and Historical Foundations of Nat Med I			22.0			22.00	2.0	
Year 1 Quarter 1 Totals		0.0	44.0	132.0			176.00	16.0	

Quarter 2		Winter 2022-2023/Summer 2022-2023			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ANAT 5024	Regional Anatomy, Embryology and Histology II			33.0			33.00	3.0	
ANAT 5024/L	Regional Anatomy, Embryology and Histology II Lab		33.0				33.00	3.0	
PHYS 5024	Human Physiology and Endocrinology II			44.0			44.00	4.0	
PHYS 5024/L	Human Physiology and Endocrinology II Lab		11.0				11.00	1.0	
ICSA 5024	Integrated Case Studies Application II			11.0			11.00	1.0	
Year 1 Quarter 2 Totals		0.0	44.0	88.0			132.00	12.0	

Quarter 3		Spring 2022-2023/Fall 2023-2024			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ANAT 5034	Regional Anatomy, Embryology and Histology III			33.0			33.00	3.0	
ANAT 5034/L	Regional Anatomy, Embryology and Histology III Lab		33.0				33.00	3.0	
PHYS 5034	Human Physiology and Endocrinology III			44.0			44.00	4.0	
PHYS 5034/L	Human Physiology and Endocrinology III Lab		11.0				11.00	1.0	
ICSA 5034	Integrated Case Studies Application III			11.0			11.00	1.0	
Year 1 Quarter 3 Totals		0.0	44.0	88.0			132.00	12.0	

Quarter 4		Summer 2022-2023/Winter 2023-2024			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
PSYC 6010	Mind Body Med: Fund of Mind-Body Med			22.0			22.00	2.0	
ANAT 5048	Neuroanatomy			22.0			22.00	2.0	
ENVM 6010	Environmental Med			27.5			27.50	2.5	
See below for additional courses and credits that count toward degree completion									
Year 1 Quarter 4 Totals		0.0	0.0	71.5			71.50	6.5	

Grand Totals - Year 1		0.0	132.0	379.5			511.50	46.5
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Students Entering Fall 2022-2023 / Spring 2022-2023
Graduating Spring 2026-2027 / Fall 2027-2028

Program of Study - Year Two

Quarter 5		Fall 2023-2024/Spring 2023-2024			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
BIOC 5014	Biochemistry I			44.0			44.00	4.0	
RSCH 5016	Research I			11.0			11.00	1.0	
CLPR 5010	Intro to Clinical Practice I ¹	22.0					22.00	2.0	
CLPR 5010L	Intro to Clinical Practice Skills Lab I ¹	22.0					22.00	2.0	
See below for additional courses and credits that count toward degree completion									
Year 2 Quarter 5 Totals		44.0		55.0			99.00	9.0	

Quarter 6		Winter 2023-2024/Summer 2023-2024			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
BIOC 5026	Biochemistry II			44.0			44.00	4.0	
IMMU 5024	Immunology			33.0			33.00	3.0	
RSCH 5024	Research II			11.0			11.00	1.0	
CLPR 5020	Intro to Clinical Practice II ¹	22.0					22.00	2.0	
CLPR 5020L	Intro to Clinical Practice Skills Lab II ¹	22.0					22.00	2.0	
NTMD 5020	Philosophical and Historical Foundations of Nat Med II			22.0			22.00	2.0	
See below for additional courses and credits that count toward degree completion									
Year 2 Quarter 6 Totals		44.0		110.0			154.00	14.0	

Quarter 7		Spring 2023-2024/Fall 2024-2025			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
MGEN 5038	Medical Genetics			33.0			33.00	3.0	
MICR 5026	Microbiology I			33.0			33.00	3.0	
MICR 5026L	Microbiology I Lab		22.0				22.00	2.0	
CLPR 5030	Intro to Clinical Practice III ¹	22.0					22.00	2.0	
CLPR 5030L	Intro to Clinical Practice Skills Lab III ¹	22.0					22.00	2.0	
NTMD 5030	Philosophical and Historical Foundations of Nat Med III			22.0			22.00	2.0	
See below for additional courses and credits that count toward degree completion									
Year 2 Quarter 7 Totals		44.0	22.0	88.0			154.00	14.0	

Quarter 8		Summer 2023-2024/Winter 2024-2025			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 6010	Acupuncture and Chinese Medicine I: Theory & Fundamentals of Acupuncture and Medicine			27.5			27.50	2.5	
CAPS 5018	Basic Sciences Capstone (weeks 1 - 4)			33.0			33.00	3.0	
GNMD 6014	Gen Med Diagnosis I (weeks 5-11)			77.0			77.00	7.0	
MICR 5034	Microbiology II			44.0			44.00	4.0	
PHMD 6010	Physical Med I: Intro to Physical Med and Orthopedics			11.0			11.00	1.0	
PHMD 6010L	Physical Med I: Intro to Physical Med and Orthopedics Lab		11.0				11.00	1.0	
See below for additional courses and credits that count toward degree completion									
Year 2 Quarter 8 Totals		0.0	11.0	192.5			203.50	18.5	

Grand Totals - Year 2 132.0 33.0 445.5 610.50 55.5

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Program of Study - Year Three

Quarter 9		Fall 2024-2025/Spring 2024-2025			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 6020	Acupuncture & Chinese Medicine II: TCM Diagnosis			27.5			27.50	2.5	
CLPR 6040	Clinical Practice I ¹	22.0					22.00	2.0	
CLPR 6040L	Clinical Practice Skills Lab I ¹	22.0					22.00	2.0	
GNMD 6024	Gen Med Diagnosis II			99.0			99.00	9.0	
BOTM 6010	Botanical Med I: Intro to Botanical Medicine			22.0			22.00	2.0	
NUTR 6014	Nutrition I			22.0			22.00	2.0	
PHAR 6010	Pharmacology and Pharmacotherapeutics I			33.0			33.00	3.0	
PHMD 6020	Physical Med II: Nat Manipulative Treatment Assessment & App I			22.0			22.00	2.0	
PHMD 6020L	Physical Med II: Nat Manipulative Treatment Assessment & App I Lab		22.0				22.00	2.0	
See below for additional courses and credits that count toward degree completion									
Year 3 Quarter 9 Totals		44.0	22.0	225.5			291.50	26.5	

Quarter 10		Winter 2024-2025/Summer 2024-2025			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 6030	Acupuncture & Chinese Medicine III: Meridians & Points I			22.0			22.00	2.0	
ACMD 6030L	Acupuncture & Chinese Medicine III: Meridians & Points I Lab		11.0				11.00	1.0	
CLPR 6050	Clinical Practice II ¹	22.0					22.00	2.0	
CLPR 6050L	Clinical Practice Skills Lab II ¹	22.0					22.00	2.0	
GNMD 6034	Gen Med Diagnosis III			99.0			99.00	9.0	
BOTM 6020L	Botanical Med Lab II: Pharmacy of Botanical Med (Fall Entry Students may take Q11)		22.0				22.00	2.0	
NUTR 6024	Nutrition II			27.5			27.50	2.5	
PHAR 6020	Pharmacology and Pharmacotherapeutics II			33.0			33.00	3.0	
PHMD 6030	Physical Med III: Nat Manipulative Treatment Assessment & App II			22.0			22.00	2.0	
PHMD 6030L	Physical Med III: Nat Manipulative Treatment Assessment & App II Lab		22.0				22.00	2.0	
See below for additional courses and credits that count toward degree completion									
Year 3 Quarter 10 Totals		44.0	55.0	203.5			302.5	27.5	

Quarter 11		Spring 2024-2025/Fall 2025-2026			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 6040	Chinese Med IV: Meridians & Points II			16.5			16.50	1.5	
ACMD 6040L	Chinese Med IV: Meridians & Points II Lab		11.0				11.00	1.0	
CLPR 6060	Clinical Practice III ¹	22.0					22.00	2.0	
CLPR 6060L	Clinical Practice Skills Lab III ¹	22.0					22.00	2.0	
GNMD 6044	Gen Med Diagnosis IV			88.0			88.00	8.0	
HMEO 6010	Homeopathy I			22.0			22.00	2.0	
PHAR 6030	Pharmacology and Pharmacotherapeutics III			33.0			33.00	3.0	
PHMD 6054	Physical Med V: Principles of Hydrotherapy			11.0			11.00	1.0	
PHMD 6054L	Physical Med V: Principles of Hydrotherapy Lab		22.0				22.00	2.0	
CLTR 4304	Clinical Entry Skills Assessment ¹	16.5					16.50	1.5	
See below for additional courses and credits that count toward degree completion									
Year 3 Quarter 11 Totals		60.5	33.0	170.5			264.0	24.0	

Quarter 12		Summer 2024-2025/Winter 2025-2026			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 7060	Chinese Med VI: Acupuncture Techniques (weeks 5-12)			11.0			11.00	1.0	
ACMD 7060L	Chinese Med VI: Acupuncture Techniques Lab (weeks 5-12)		11.0				11.00	1.0	
CAPS 6024	NPLEX I Review (weeks 1-3)			60.0			60.00	0.0	
MNGT 6010	Practice Management I: Operations			11.0			11.00	1.0	
GNMP 6011	Gen Med Practice: Dermatology (weeks 5-12)			11.0			11.00	1.0	
GNMP 6014	Gen Med Practice: EENT (weeks 5-12)			22.0			22.00	2.0	
PSYC 6024	Mind Body Med: Intro to Medical Psychotherapy (weeks 5-12)			16.5			16.50	1.5	
PHMD 6040	Physical Med IV: Physiotherapy Modalities (weeks 5-12)			11.0			11.00	1.0	
PHMD 6040L	Physical Med IV: Physiotherapy Modalities Lab (weeks 5-12)		11.0				11.00	1.0	
See below for additional courses and credits that count toward degree completion (can be used to									
Year 3 Quarter 12 Totals		0.0	22.0	142.5			164.5	9.5	

Grand Totals - Year 3	148.5	132.0	742.0	1,022.50	87.5
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Graduating Spring 2026-2027 / Fall 2027-2028

Program of Study - Year Four

Quarter 13		Fall 2025-2026/Spring 2025-2026			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 7057	Acupuncture and Chinese Medicine V: Traditional Chinese Medicine Pathology			44.0			44.00	4.0	
BOTM 7030	Botanical Med III: Nat Mat Med Pharm & Ther I			22.0			22.00	2.0	
GNMP 7020	Gen Med Practice: Gastroenterology			27.5			27.50	2.5	
GYNE 7010	Gynecology I			33.0			33.00	3.0	
HMEO 7020	Homeopathy II			22.0			22.00	2.0	
NUTR 7034	Nutrition III			27.5			27.50	2.5	
CLTR 7000	Clinical Clerkships (2) ²	88.0					88.00	8.0	
See below for additional courses and credits that count toward degree completion									
Year 4 Quarter 13 Totals		88.0	0.0	176.0			264.0	24.0	

Quarter 14		Winter 2025-2026/Summer 2025-2026			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 7070	Acupuncture & Chinese Medicine VII: Case Analysis and Management I			22.0			22.00	2.0	
BOTM 7044	Botanical Med IV: Nat Mat Med Pharm & Ther II			27.5			27.50	2.5	
GNMP 7030	Gen Med Practice: Endocrinology			27.5			27.50	2.5	
GNMP 7031	Gen Med Practice: Hematology			11.0			11.00	1.0	
GYNE 7020L	Gynecology Lab (may take in Qtr 14 or Qtr 15)		22.0				22.00	2.0	
HMEO 7030	Homeopathy III			22.0			22.00	2.0	
MNGT 7020	Practice Management II: Marketing			11.0			11.00	1.0	
MSRG 7010	Minor Surgery I			16.5			16.50	1.5	
MSRG 7010L	Minor Surgery I Lab		11.0				11.00	1.0	
OBST 7010	Obstetrics			27.5			27.50	2.5	
NUTR 7044	Nutrition IV			22.0			22.00	2.0	
CLTR 7000	Clinical Clerkships (2) ²	88.0					88.00	8.0	
See below for additional courses and credits that count toward degree completion									
Year 4 Quarter 14 Totals		88.0	33.0	187.0			308.0	28.0	

Quarter 15		Spring 2025-2026/Fall 2026-2027			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
ACMD 7084	Acupuncture & Chinese Medicine VIII: Case Analysis and Management II			22.0			22.00	2.0	
BOTM 7050	Botanical Med V: Nat Mat Med Pharm & Ther III			22.0			22.00	2.0	
GNMP 7040	Gen Med Practice: Cardio/Vasc Med.			16.5			16.50	1.5	
HMEO 7040	Homeopathy IV			22.0			22.00	2.0	
MNGT 7030	Practice Management III: Leadership			11.0			11.00	1.0	
PSYC 7034	Mind Body Med: Affect Psychotherapy /Crisis Intervention			22.0			22.00	2.0	
PEDS 7010	Pediatrics I			22.0			22.00	2.0	
CLTR 7000	Clinical Clerkships (2) ²	88.0					88.00	8.0	
CLTR 4508	Comprehensive Clinical Skills Assessment ¹	22.0					22.00	2.0	
See below for additional courses and credits that count toward degree completion									
Year 4 Quarter 15 Totals		110.0	0.0	137.5			247.5	22.5	

Quarter 16		Summer 2025-2026/Winter 2026-2027			Contact Hours			Total Contact Hours	Total Credit Hours
Course #	Course Title	Clinic	Lab	Didactic					
PEDS 8020	Pediatrics II			22.0			22.00	2.0	
ERMD 8014	Emergency Medicine			33.0			33.00	3.0	
GNMP 7041	Gen Med Practice: Pulmonology			16.5			16.50	1.5	
CLTR 7000	Clinical Clerkships (5) ²	220.0					220.00	20.0	
See below for additional courses and credits that count toward degree completion									
Year 4 Quarter 16 Totals		220.0	0.0	71.5			291.50	26.5	
Grand Totals - Year 4		506.0	33.0	572.0			1,111.00	101.0	

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Program of Study - Year Five

Quarter 17 Fall 2026-2027/Spring 2026-2027

Course #	Course Title	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
GNMP 8050	Gen Med Practice: Rheumatology			22.0	22.00	2.0
GNMP 8051	Gen Med Practice: Muscul / Ortho			11.0	11.00	1.0
PSYC 8040	Mind Body Med: Medical Mgmt of Addiction			16.5	16.50	1.5
MSRG 8020	Minor Surgery II			11.0	11.00	1.0
MSRG 8020L	Minor Surgery Lab II		11.0		11.00	1.0
CLTR 8000	Clinical Clerkships (5) ²	220.0			220.00	20.0
See below for additional courses and credits that count toward degree completion						
Year 5 Quarter 17 Totals		220.0	11.0	60.5	291.50	26.5

Quarter 18 Winter 2026-2027/Summer 2026/2027

Course #	Course Title	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
CAPS 8034	NPLEX II Review			60.0	60.00	0.0
GNMP 8060	Gen Med Practice: Neurology			22.0	22.00	2.0
GNMP 8070	Gen Med Practice: Urology / Kidney / Male			16.5	16.50	1.5
GNMP 8074	Gen Med Practice: Men's Health			11.0	11.00	1.0
CLTR 8000	Clinical Clerkships (5) ¹	220.0			220.00	20.0
CLTR 4908	Comprehensive Clinical Case Study ¹	22.0			22.00	2.0
See below for additional courses and credits that count toward degree completion						
Year 5 Quarter 18 Totals		242.0	0.0	109.5	351.50	26.5

Quarter 19 Spring 2026-2027/Fall 2027-2028

Course #	Course Title	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
GNMP 8061	Gen Med Practice: Oncology			16.5	16.50	1.5
GNMP 8076	Gen Med Practice: Geriatrics			22.0	22.00	2.0
MNGT 8040	Practice Management IV: Administration			11.0	11.00	1.0
CLTR 8000	Clinical Clerkships (5) ² (weeks 1-11)	220.0			220.00	20.0
See below for additional courses and credits that count toward degree completion						
Year 5 Quarter 19 Totals		220.0	0.0	49.5	269.50	24.5

Additional courses and credits that count toward degree completion

Course #	Course Title	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
TBD	Didactic Selectives* (may be taken in Qtr 4 or Qtrs 8-19)			132.0	132.00	12.0
CLTR 6600	Lab Post ^{1**} (may take in Qtr 4 or Qtrs 8-12)	11.0			11.00	1.0
CLTR 6704	Medicinary/IV Post ^{1**} (may take in Qtr 4 or Qtrs 8-12)	11.0			11.00	1.0
CLTR 6004	Field Observation ² (may take in Qtr 4 or Qtrs 8-12)	44.0			44.00	4.0
CLTR 6100	Break Rotation ^{2***} (may take in Quarters 9-19)	44.0			44.00	4.0
Totals		110.0	0.0	132.0	242.00	22.0

Grad Totals - Year 5 792.0 11.0 351.5 1,154.50 99.5

Grand Totals (all five years)

	Clinic	Lab	Didactic	Total
Credit Hours	143.50	31.00	215.5	390.00
Contact Hours	1,578.50	341.00	2490.5	4,410.00

CNME Requirement Grand Total (all five years)

	Clinic
Clerkship Credits	126.00
Clerkship Contact Hours	1,232.00

*The 12 - 20 total credit hours of didactic selectives must be taken

** The lab post and medicinary/IV posts may be taken in Qtr 4 or Qtrs 8-12

¹ These hours do not count toward the 1200 clock hours of clinical training required by CNM

² These hours count toward the 1200 clock hours of clinical training required by CNME.